

## ROP timeline to be followed

### ON ADMISSION

Identify babies at risk for ROP  
Enter the screening date in admission books/ROP diary  
Counsel parents

### DAY BEFORE SCREENING

Update the list of babies to be screened  
Equipment in checklist to be prepared

### SCREENING DAY

Counsel parents and take consent  
Prepare dilating drops  
Feed baby half an hour before screening  
Instill eye drops: tropicamide and 2.5% phenylephrine 2-3 times in both eyes every 10 minutes

Before

Swaddle baby and keep warm  
Monitor oxygen saturation and vital signs

During

Instill antibiotic eye drops  
Make sure baby's vital signs are stable  
Ensure the findings are documented  
Ensure parents understand the next follow up date and its importance  
Add next date to the ROP diary

After

### TREATMENT

Prepare the baby and equipment  
Take consent from parents  
Assist and monitor vital signs during treatment  
Ensure documentation  
Monitor the baby for 12 hours  
Inform the parents about next follow up

# Screening Guidelines for ROP Nurses



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